

Youth Programs

YOUTH PROGRAMS 2018

WINTER

January 9 to March 16 (no classes Jan.15, Feb 19-23)

SPRING

March 19 to May 25 (no classes April 9-13)

FALL

September to November (Session dates TBD)

REGISTER NOW TO SAVE YOUR SPOT!

HOW TO REGISTER:

Go online to create an account:

- <http://strawberry.marin.org/>
- Click View Activities - Register Online
- Create an account

Once account is created:

- Click Activities > Youth Recreation

***All classes held at
Strawberry Recreation District***

Youth Program Class Schedules

Monday Classes

Season	Class	Session Dates	Age	Time	Total
Winter	Spanish Canta Conmigo!	1/22 - 3/12 (no class 2/19)	1-4 yrs	3:30-4:15p	\$175
	Awesome Kids Yoga	1/22 - 3/12 (no class 2/19)	3-5 yrs	9:45-10:30a	\$175
	Musical Theatre	1/22 - 3/12 (no class 2/19)	4.5-6 yrs	1:15-2:15p	\$175
	Awesome Kids Yoga	1/22 - 3/12 (no class 2/19)	4.5-6 yrs	1:15-2:15p	\$175
	Little Picassos	1/22 - 3/12 (no class 2/19)	4.5-6 yrs	1:15-2:15p	\$126
	PlayClub	1/22 - 3/12 (no class 2/19)	4.5-6 yrs	1:15-3:30p	\$140
	Henna Art & Design	1/22 - 3/12 (no class 2/19)	9-11 yrs	2:30-3:30p	\$126
	Musical Theatre	1/22 - 3/12 (no class 2/19)	7-11 yrs	2:30-3:30p	\$175
	PlayClub	1/22 - 3/12 (no class 2/19)	5-11 yrs	2:30-3:30p	\$70

Tuesday Classes

Season	Class	Session Dates	Age	Time	Total
Winter	Tinker Tech: Beginner Inventor	1/9 - 3/13 (no class 2/20)	4.5-6 yrs	1:15-2:15p	\$270
	PlayClub	1/9 - 3/13 (no class 2/20)	4.5-6 yrs	1:15-3:30p	\$180
	Ceramics K	1/9 - 3/13 (no class 2/20)	4.5-6 yrs	1:30-2:30p	\$225
	PlayClub	1/9 - 3/13 (no class 2/20)	5-11 yrs	2:30-3:30p	\$90
	Ceramics	1/9 - 3/13 (no class 2/20)	7-11 yrs	2:30-3:30p	\$225
	Chess	1/9 - 3/13 (no class 2/20)	7-11 yrs	2:30-3:30p	\$171
	Tinker Tech: Coding	1/9 - 3/13 (no class 2/20)	8-11 yrs	2:30-3:30p	\$270

School's Out Workshops

Class	Date	Age	Time	Total
Cartooning & Animation Workshop	March 9	7-10 yrs	9:00a-3:00p	\$108 + \$30 Material Fee

Youth Program Class Schedules

Wednesday Classes

Season	Class	Session Dates	Age	Time	Total
Winter	Drawing & Painting	1/10 - 3/14 (no class 2/21)	3-5 yrs	9-9:45a	\$81
	Music & Movement	1/10 - 3/14 (no class 2/21)	3-5 yrs	9:45-10:30a	\$81
	Music & Movement	1/10 - 3/14 (no class 2/21)	2-3 yrs	10:30-11a	\$72
	Art & Play	1/10 - 3/14 (no class 2/21)	2-3 yrs	11-11:30a	\$90
	PlayClub	1/10 - 3/14 (no class 2/21)	5-11 yrs	1:15-3:30p	\$180
	Magic	1/10 - 3/14 (no class 2/21)	7-11 yrs	1:30-2:30p	\$225

Thursday Classes

Season	Class	Session Dates	Age	Time	Total
Winter	Little Medical School	1/11 - 3/15 (no class 2/22)	4.5- 6 yrs	1:15-2:15p	\$180
	Cooking	1/11 - 3/15 (no class 2/22)	4.5- 6 yrs	1:15-2:15p	\$270
	Intro to STEM with LEGO	1/11 - 3/15 (no class 2/22)	4.5- 6 yrs	1:15-2:30p	\$225
	Multi-Sports	1/11 - 3/15 (no class 2/22)	4.5- 6 yrs	1:15-2:15p	\$90
	PlayClub	1/11 - 3/15 (no class 2/22)	4.5- 6 yrs	1:15-3:30p	\$180
	PlayClub	1/11 - 3/15 (no class 2/22)	5-11 yrs	2:30-3:30p	\$90
	Little Medical School	1/11 - 3/15 (no class 2/22)	6-8 yrs	2:30-3:30p	\$180
	Cooking	1/11 - 3/15 (no class 2/22)	7-10 yrs	2:30-3:30p	\$270
	Multi-Sports	1/11 - 3/15 (no class 2/22)	7-10 yrs	2:30-3:30p	\$90
	STEM Challenge with LEGO	1/11 - 3/15 (no class 2/22)	7-11 yrs	2:30-3:45p	\$225

Friday Classes

Season	Class	Session Dates	Age	Time	Total
Winter	PlayClub	1/12-3/16 (no class 2/23, 3/9)	4.5-6 yrs	1:15-3:30p	\$160
	PlayClub	1/12-3/16 (no class 2/23, 3/9)	5-11 yrs	2:30-3:30p	\$80

Pre - School Class Descriptions

Draw and Paint

Develop essential life skills through drawing and art classes. Students will practice principles of the SRD Ready To Learn syllabus. The skills practiced through this specially designed program provide children with the opportunity to gain key developmental skills that they will utilize each time they are exposed to a new activity, learning environment or challenged with a new motor skill task. Draw and Paint is a structured art program encouraging young children to express themselves in a creative manner while developing their fine motor skills.

Instructor : Jacqueline Woodall

Wednesdays 9:00am - 9:45am

Ages : 3 - 5

Music & Movement

Introduction to rhythm, music, song and dance through this creative and imaginative performing arts program. Music circle includes instruments, children's songs and group activities. Performing arts introduces children to movement, dance and principles of gross motor learning readiness. This activity is an introduction to the new SRD Children's Music Program and SRD 's Ready-To-Learn syllabus.

Instructor : Marissa Joy Gainz

Wednesdays 9:45am - 10:30 am

Ages: 3 - 5

Wednesdays 10:30 am - 11:00 am

Ages: 2 - 3



Art & Play

Art & Play is an exploratory, creative, fun, first art class. This hands-on art class will be the perfect introduction and will instill the love of art in your child. Explore clay, paint, mosaic, sculpture, sewing, printmaking, collage, and mixed media. Dress for messy!

Parent/Caregiver participation required in this class.

Instructor: Studio 4 Art

Min 4 Max 6

Wednesdays : 11:00 am - 11:30 am

Ages: 2 - 3

Spanish Canta Conmigo!

Preschoolers will be introduced to the sounds, structure and vocabulary of the Spanish language through music, movement and song. Whether native speakers wanting to preserve the language and traditions of family heritage, or encouraging Spanish as a second language for young children, Canta Conmigo! is where to begin with little ones.

Parent/Caregiver participation required in this class.

Instructor: Colors of Spanish

Siblings under 12 months attend for free.

Min 5 Max 12

Mondays 3:30 pm - 4:15 pm

Ages: 1 - 4



Pre - School Class Descriptions

Awesome Kids Yoga

Children will explore a thoughtful approach to their world with a focus on traditional yoga poses, breathing exercises, meditation and relaxation techniques in a fun and playful way. Students will learn important lessons in self-awareness, self-control, positive thinking and self-esteem. Each class begins with a group discussion and yoga pose customized to a daily theme. Both active and passive poses are practiced, helping children find balance in class that can flow into the other areas of their lives outside class.

Instructor: Daina Selph

Min 5 Max 10

Mondays 9:45 am - 10:30 am

Ages: 1 - 4

Playclub (Ages 18 months - 3 years)

Join our local weekly playgroup! Develop new friendships while enhancing your child's sensory processing and social skills in our weekly playclub. Meeting once a week, this program provides families the opportunity to develop neighborhood relationships. The Playroom is designed with activity stations that caregivers can navigate with children promoting interactive social play, while encouraging children to develop coordination skills. On select dates, the sprouts playclub will have special event access to the splash pad, water play area, wading pool and jump house.

Space is limited so register early!

Indoor Playroom Activities include art table, balance beam, sea saw and rocking features, ride along toys, pull toys, and sensory play area

Outdoor Playground includes climbing, slides, swings and rocking features

Instructor: Jacqueline Woodall

Fridays 9:30 - 10:30

Sprouts Playschool

The Sprouts Preschool program combines recreation fun with learning fun to give your child a well-rounded social experience in a small group setting. Our outstanding staff of caring, dedicated, enthusiastic professionals provides a warm and loving environment in which to play, grow and learn. The preschool classes are designed to encourage exploration and creativity in a stimulating atmosphere through art, music, social play, crafts, storytelling, movement and outdoor play. Through play and group activities, your child will be introduced to learning their colors, numbers, counting and the alphabet. Your child will also learn decision making and problem solving skills, enhancing his/her own self-esteem and independence. Our hands-on curriculum will help prepare your child for Kindergarten and the ongoing, life-long learning process. Children must be toilet-trained, no exceptions.

Tuesdays & Thursdays 9:30 am - 12:30 pm

Lunch Club 12:30-1:15 (Lunch not provided. Children have the option for Lunch Club if participating in Playclub in the afternoons). See Pg. 18-19 for times

Ages : 3 - 5

(Children must be 3 years old by the first day of the session - no exceptions)

COMING
SPRING
2018

Youth Program Class Descriptions



Checkmate: Chess for Kids



Enjoy learning to play the greatest board game of all time! Chess is a fun, dynamic, interactive game that builds and develops creative and logical decision making and problem solving skills. Chess is over 1500 years old and is played by over 30 million kids in the United States, more than all other sports. Class consists of demonstrations, coaching/instruction, drills, chess puzzles, chess history and supervised play. Become a skilled player as you learn how to move the pieces, formulate strategies and make a plan.

Instructor: Dan Trimbach

Min: 5 Max: 16

Ceramics, Clay & Pottery

It is FUN to create in clay while learning about the properties and techniques of clay! Students will create amazing age appropriate works of art. Projects may include the creation of creatures, mosaics, plates/cups/bowls, animals, masks, exploring the imagination. Items made will be fired in a kiln offsite and are food safe.

Instructor : Studio for Art

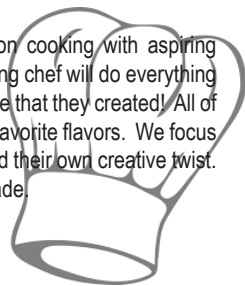
Min: 5 Max: 12

Sprouts Cooking Club

Sprouts is thrilled to share our love for wholesome food and hands-on cooking with aspiring chefs! As we examine how and when our local food is grown, your aspiring chef will do everything themselves, from prep work and cooking to tasting and enjoying the recipe that they created! All of our menus will be determined by the season's best and inspired by local favorite flavors. We focus on simple, delicious and nutritious recipes that allow plenty of room to add their own creative twist. At the end of each class, every student will enjoy the recipe that they made.

Instructor: Sprouts Cooking Club Staff

Min: 7 Max 12



Cartooning & Animation Workshop

School's Out Workshop - March 9

Looking for something fun to do on your day off of school? Have fun with creating characters, scenes and 3D worlds, working with stop motion animation to bring our cartoons to life. Character building, storyboards and animation! Fine art techniques such as proportion, exaggeration and perspective are taught while incorporating technology with animating our character. A great combination of art techniques, story telling and imagination! All finished animations will be downloaded to share with families, on Studio 4 Art's Youtube channel.

A \$30 material fee is due to instructor on the day of the workshop.

Instructor: Studio 4 Art

Min 5 Max 12

Youth Program Class Descriptions

Henna Art & Design

Learn traditional henna technique (all natural temporary tattoos) , as well as exploring designs from around the world through textile embellishment, glass painting, mixed-media collage and more! Students will create and practice their own tattoo design before applying it to themselves in henna.



Instructor: Stephanie Seuss

Min 5

Max 15



Kids Gym – Multi Sports

This class is an introduction to a variety of sports and organized playground games. Games and activities will be taught in a fun and non-competitive atmosphere. All skills for each sport will be applied to fun, age appropriate games. Through activities students will learn sport skills, teamwork and coordination.

Instructor: SRD Staff

Min 5

Max 16

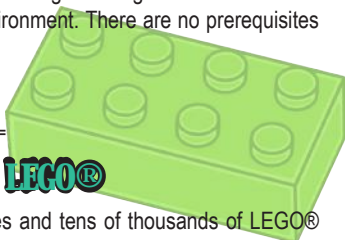
Intro to STEM with LEGO®

Let your imagination run wild with tens of thousands of LEGO® parts! Build engineer-designed projects such as: Trains, Helicopters, Tree houses, and Beam Bridges. Design and build as never before, and explore your craziest ideas in a supportive environment. There are no prerequisites for this course.

Instructor: Playwell TEKnologies Staff

Min 10

Max 16



STEM Challenge with LEGO®

Level up your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as: Gear Cars, Gondolas, Merry-Go-Rounds, and Scissor Lifts. Design and build as never before, and explore your craziest ideas in a supportive environment. There are no prerequisites for this course.

Instructor: Playwell TEKnologies Staff

Min 10

Max 16

Playclub

Looking for afterschool care Monday – Friday? Look no further...

The new afterschool SRD Playclub Program is a program that gives children the opportunity to exercise, play, create and socialize in a safe, fun, and nurturing environment. The program is designed for children grades TK– 5th. Playclub is held at the Strawberry Rec Center. Students attending Strawberry Pt School are picked up and escorted to the recreation center by program staff. Daily or weekly registration options are available.

Instructor: SRD Staff

Max: 20

Youth Program Class Descriptions

Little Picassos

Learn tips, tricks and techniques from the greatest artists of all time! Paint like Picasso; draw like Da Vinci. This class is full of lessons inspired by the Masters. Work with a variety of tools and media. Great class for beginners and dedicated artist alike!

Instructor: Stephanie Seuss

Min 5 Max 12



TinkerTech Coding

Learning to code is fun in this class using the Intro to Coding curriculum from Apple Education. Students work through games and puzzles that challenge them to think like a coder, problem-solving as they go. This class will be adapted to the level of the students who sign up, moving through CodeSpark's games for beginners to Tynker apps on the iPad to more challenging puzzles in Swift Playgrounds.

Instructor: TinkerTech Staff

Min 6 Max 15

TinkerTech Beginner Inventors

Discover how the world works in this hands-on class. Every week, we will explore a new material and make something with it. This class is great for curious kids who love hands-on experiential play. Some take-home projects in this dynamic class will have kids fully engaged in their learning.

Instructor: TinkerTech Staff

Min 6 Max 15

Musical Theatre - Broadway

Get ready to sing, dance and act your way to Broadway!

Learn what it takes to become a musical theatre, triple-threat, Broadway performer from a Broadway Professional! Students will learn songs, scenes and dances from fun and exciting Broadway Shows, all to culminate in a mini-performance for family to enjoy! Fundamentals of acting, singing and dancing will be explored through fun & educational exercises and games. Class is sure to ignite the theatrical spark in your "future Broadway star!"

Instructor: Marissa Joy Ganz

Min 5 Max 40



Youth Program Class Descriptions

Awesome Kids Yoga

Children will explore a thoughtful approach to their world with a focus on traditional yoga poses, breathing exercises, meditation and relaxation techniques in a fun and playful way. Students will learn important lessons in self-awareness, self-control, positive thinking and self-esteem. Each class begins with a group discussion and yoga pose customized to a daily theme. Both active and passive poses are practiced, helping children find balance in class that can flow into the other areas of their lives outside class.

Instructor: Daina Selph

Min 5 Max 10



Little Medical School

What's Under the Skin? Little Doctors Learn Their Body Parts!



Take a journey toward answering health questions and how doctors manage to do the things they do begins with Little Medical School where medicine, health science, and the importance of health is fun! This is the first in a continuous, year long series of enrichment sessions designed to explore the human body, self-care and the professionals who provide care. In this session, kids start by learning about the heart, lungs, digestion, brain, bones, spine, eyes, and blood in an engaging way with demonstrations, hands-on activities, and games. \$30 material fee is due to instructor on first day of class.

Instructor: LMS Staff

Min 6 Max 16

Magic: The Art of Deception

In this hands-on intro Magic course, your child will learn how to do astonishing feats of magic using everyday household objects such as cards, coins, pencils, and rubber bands. In addition to learning new magic skills and concepts, each child will go beyond magic to understand important social and life skills such as public speaking, interacting with others and developing confidence. Each week, you will be emailed detailed instructions with pictures on the weeks trick so you will be able to follow along and help our child. Don't miss this chance to learn magic from local, award-winning professional magician and UC Berkeley Math graduate, Magical Nathaniel!

Instructor: Magical Nathaniel

Min 7 Max 15