



# H&H Youth Tennis

## Winter Junior Tennis Clinics

**Session 1 - Jan 4–29 • Session 2 - Feb 1–26**

**Mon, Wed, and Fri 11:00 - 11:50am**

We are pleased to announce 2 new sessions of Junior Tennis Clinics! Session 1 will run from January 4th to January 29th, excluding January 18th. Session 2 will run from February 1st to February 26th, excluding February 15th. These clinics are geared for children ages 5-10 and we will be offering Red Ball and Orange Ball groups each day on the break between the morning and afternoon shifts of school from 11:00-11:50am.

### Red Ball Clinic

**Ages:** 5 - 7

Red Ball continues to hone motor skills and hand-eye coordination. Players begin to learn spins and directional control. Students are introduced to scoring, rallies, team-based games will be emphasized. 36' Courts, junior racquets and red balls used.

**Program Director:** Matt Holt

### Orange Ball Clinic

**Ages:** 7 - 10

Orange Ball Clinics continues to focus on technique and placement while incorporating rallies and shot patterns as part of the curriculum. Footwork training will be introduced, and a portion of practice dedicated to singles and doubles play. 60' Courts and orange balls.

**Program Director:** Matt Holt

Clinics are located at Strawberry Recreation District tennis courts 3 and 4. Sign ups cost \$200 each. Contact Matt Holt at [holti55@yahoo.com](mailto:holti55@yahoo.com) for more information or to register.