



Enrichment Class Descriptions

Tennis with Elly & Keith

Grade Level: Kindergarten, 1st & 2nd Grade

Description: Kindergarten - (Orange ball)

Aimed to introduce the basics in a fun and supportive environment. Players will develop motor skills, learn basic strokes and footwork while engaging in stimulating games and exercises.

Description: 1st & 2nd Grade – (Orange ball)

Players will continue to learn and develop proper technique of all strokes. We will keep it fun, challenging and promote good sportsmanship. The overall goal in this class is to prepare players for rallying and eventual game play.

TGA Premier Play Golf

Grade Level: 1 – 5 GRADE

Description: Whether this is the first exposure to golf or you're looking to take your child's game to the next level, we have a program to fit your needs. TGA has developed a Junior Golf Player Pathway to help guide families through the journey of learning and playing this amazing sport.

The pathway consists of four core TGA programs which are progressive in their skill level, knowledge requirements and challenges; yet also complimentary to one another so children can participate in all four programs throughout the year to continue developing and refining their game.

- We provide all equipment necessary to play so there is no additional investment required beyond registration.

- Our coaches are fully vetted, background checked, and trained on how best to coach children safely and effectively.

Culinary Dude Cooking Class:

Grade Level: KINDERGARTEN – 5TH GRADE

Description: Roll up your sleeves, sharpen your knife and get ready for recipes that tantalize the senses and taste buds! **This is a hands-on class.** We are a business focused on hands-on culinary education, fun, health, safety, nutrition, and teamwork in and outside the kitchen. Our background in both culinary arts and education has led us to having a superb track record and impressive list of clients which clearly speaks to our ability to engage students of all ages in the best cooking classes & camps in the Bay Area! The Culinary Dude's goal is simple and meaningful: Empower our students with the kitchen skills to become self-sufficient and make healthy choices for themselves, their families, and their future.

Portuguese Futbol Academy:



Days: Mondays & Wednesdays

Grade Level: K-5th grade

Description: Our instructor Alek uses his Bachelor of Art in Psychology to combine technical work, fitness, and cognitive decision making to maximum his players' growth on and off the field. The goal for after school programs is to make your kid fall in love with the beautiful game using a open minded approach which leads players to be creative and reach their full potential. The program will focus on technical work implemented with fitness and cognitive decision making.

Awesome Kids Yoga

Grade Levels: K-3rd grade

Duration: Every Monday

Grade Levels: K-3rd Grade

Description: In these classes children will explore ways to take a more mindful approach to their world. We will focus on teaching traditional yoga poses, breathing exercises, meditation and relaxation techniques in a fun and playful way. Students learn important lessons in self-awareness, self-control, positive thinking and self- esteem. Each class begins with a group discussion followed by yoga poses customized to a daily theme.

23 Elephants – 8/25/21 to 10/13/21

Grade Level: K-5

Description: 23 Elephants Theatre Company offers affordable, quality theatre education for all ages, backgrounds and experience levels, exceptional theatrical productions, and the creation of new work for both youth and adults with the goal of bringing together, challenging, inspiring and enriching the lives of the community.

North Bay Basketball: 8/24/21 to 10/14/21

Grade Level: K-2nd

Description: Two-part instructional and recreational league. Sessions begin with practices that focus on fundamentals followed by games immediately after practice. Sessions will focus entirely on fundamentals with an emphasis on ballhandling, shooting, defensive / offensive footwork, rebounding, passing, etc. in a fun and competitive learning environment.

Play Well TEKologies – LEGO Inspired Engineering Classes – 8/26/21 to 10/14/21

Grade levels: K-5th

Description: At Play-Well TEKologies, we know that kids are already naturally gifted creators. What we strive to provide is an environment where students can create without fear of mistakes, explore fundamental STEM concepts through play, and express their creativity in ways they never thought possible. Let your imagination run wild with tens of thousands of LEGO parts as we design and build leaping dolphins, buzzing beehives, and towering giraffes.



Play, create, and learn in a world inspired by the animal kingdom. Design and build as never before and explore your craziest ideas.

Miss Hale's Art Club

Grade Levels: K-5th

Each week, young artists will be encouraged to explore the joy of art and self-expression discovering their own personal artistic style in art and design! Taking inspiration from the Masters such as Monet, Matisse, Degas, Van Gough and Vermeer, instruction will focus on line, shape and color and composition in a variety of art projects– creating art in pastels, pen and ink, collage and watercolor to produce an individual portfolio of their own masterpieces! Kate Hale has worked with children at Edna Maguire and the Middle School for several years – she loves sharing her passion and training in art with children and encouraging young artists to develop their own artistic skills.

Sparks Volleyball

2nd -4th grade

5th -8th grade

Sparks of Marin is offering kids in 3rd-6th grades a new opportunity to play volleyball! Founded by a local mom who is a former Cal volleyball and high jump champ, Sparks offers excellent volleyball instruction in a low-key environment. Camp will help beginners learn the fundamentals of the game and intermediate players deepen their skills and volleyball IQ. Players bring their own lunches.

BIO

Lynn Stein was the 1988 San Diego Co-Volleyball Player of the Year and named to the 1989 Volleyball First Team All American Team. In 1987 Lynn was the California State High School High-Jump Champion and in 1988 she was the Runner-Up. Lynn was recruited to UC Berkeley for Volleyball and High Jump, ultimately accepting a full scholarship to play on the Cal Women's Intercollegiate Volleyball Team. While there she earned All Pac-10 Conference Freshman Team honors and joined the Cal "All Time 30-Kill Club."

National Academy of Athletics - Dodgeball Class

Ages 7 -12



Their favorite P.E. game is now a camp! Kids love this camp. It is more than just a game, kids learn throwing, catching techniques and of course, they learn how to duck, dive, dip and DODGE a ball. They will participate in a variety of skills challenges, competition and games that will lead to a dodgeball tournament by the end of the afternoon. Your children will learn new skills while having a blast and making new friends.

Under the expert care of our coaches and directors, campers not only learn individual skills, but also develop personally and socially, learning teamwork and building character and life skills through sports.

National Academy of Athletics - All Sports

Ages 7-12

The All Sorts of Sports After School Club by National Academy of Athletics is packed with fun. Whether your child is a beginner or more advanced player, this multi-sport camp is a perfect place for kids to be introduced to the world of sports, teamwork and athletics! Games we play may include, baseball, basketball, dodge ball, soccer, flag football, capture the flag, ultimate frisbee, relay & obstacle races and a whole lot more. Your children will learn new skills while having a blast and making new friends.

Featuring:

- Proper conditioning and warm-ups
- Balance and coordination
- Build motor skills and coordination
- Confidence builder program
- Offense and defensive skills
- Competitions and Games
- Individual & team concepts



- Speed and agility
- Teamwork and cooperation